

StreckTech News

Back Up! Back Up!

Three Steps to Backing Up:

- Decide what is necessary to back up. If you lost this data how hard would it be to replace?
- Decide how frequently you need to back up. If you did not have the current version of the data, how difficult would it be to reproduce?
- Decide the best medium to backup your information. CDs, DVDs, External Hard Drives, or Online.

Helpful Hints

When filling out an online form, try using the tab key to navigate in between the fields. This will save time.

Passwords are case sensitive. When entering a password, make sure Caps Lock is off.

Use the same user name for most websites. Create an unique login (username) the first time and use it throughout the web.

What is backing up? It is the process of taking the essential or invaluable data and making additional copies.

Computer crashes (computer dies and all information is lost) can happen to any computer at any time. Viruses, a bad hard drive, water damage, fire damage, a dropped computer, and human error all contribute to the failure of computers. I accidentally over watered my hanging plant, and the water spilled onto my keyboard and mouse. I quickly grabbed towels and covered my computer. If I had not been so quick, I could have damaged my entire computer!

Backing up your data should not be a chore or a hassle. There are many different options. First, you have to decide what is necessary to back up. I always

ask myself the question; if I lost this data how angry and difficult would my life be?

Second, you have to decide how frequently you need to back up. I backup my accounting records every day while my photos and other data every couple of months.

Third, you have to decide the best medium to backup your information. The current options are CDs, DVDs, external hard drive, or online back-ups. Businesses or consumers, who have critical data and want ease of use, should consider buying an external hard drive. With a push of a button, the external drive will back up the entire computer. This solution is also one of the most expensive. The prices range from \$200 and up depending on size, and ease of use. Online



back ups charge a monthly fee and your data is stored offsite. If anything happens to your office, the data would be safe. The cheapest and easiest for consumers is CDs and DVDs. The difference between the two is CDs (700MB) holds less information and cost less than DVDs (4.6GB).

If you have questions or want help in creating a backup system, please give me a call at 970-618-0042.

Comments from Katrina

I am back from my vacation and had a wonderful time. It is always good to come home and especially when we live in such a beautiful area. I am looking forward to a great summer and all the outdoor activities.

I am available most weekdays and weekends from 8am-7pm. Call a couple days in advance to reserve the time you prefer. I look forward to hearing from you and seeing how your summer is going! Have a great summer!

If you would rather not receive this, please call (970-618-0042) or email (streck2@yahoo.com)